



1425 E. Main Street Quincy, CA 95971
530.283.3851 530.283.3841 FAX
www.plumascharterschool.org

Hello PCS Families,

State legislation requires Plumas Charter School to make available twice annually information on how students can access mental health services, both within our community and our school. Below is the necessary information we want you, and/or your student(s), to easily access should you need to.

Plumas Co. Behavioral Health Services	270 County Hospital Rd, Quincy 95971	530.283.6307
Plumas-Sierra Crisis Line		877.757.0029
Plumas Charter School Therapy	1425 E. Main St, Quincy 95971 Contact: Lori Hahn	530.283.3851 x135
National Suicide Prevention Lifeline	Lifeline number: 988	800.273.8255
Poison Control Center		800.222.1222
Plumas Crisis Intervention	www.pcirc1.org	530.283.5515
Crisis Support via texting	Trained volunteers – any type of crisis	741741
California Warm Line	Non-emergency resource	855.845.7415
LGBTQ Suicide Prevention Hotline	Texting option: 678678 or visit/chat on website at www.thetrevorproject.org	866.488.7386
Teen Crisis and Support	Email, message board, resources at www.teenlineonline.org	800.852.8336
Child Abuse Prevention & Treatment	www.childhelp.org	800.422.4453

Families are encouraged to contact the service providers directly, if needed. Families may also contact any of the PCS school sites for assistance in securing mental health services. We encourage our families to print this letter, or ask for a copy from your school site, to have easily available, such as posted on the refrigerator or family bulletin board, if the need arises.

Thank you,

Plumas Charter School Administration and Staff